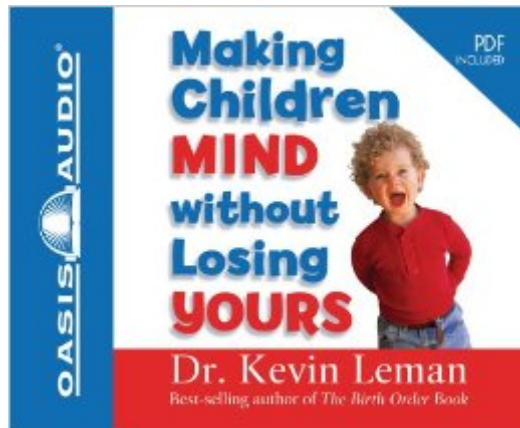


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# Making Children Mind Without Losing Yours



## Synopsis

We have seen the enemy... and they are small.Â If anyone understands why children behave the way they do, itâ™s psychologist and best-selling author Dr. Kevin Leman. Equipping you with seven principles of Reality Discipline, this father of five shows you how toÂ get kids to do what you want them to do,Â foil finicky eaters, turn off temper tantrums, and minimize sibling rivalries,Â use authority and decisiveness to show your kids youâ™re not a pushover, know when to take the little buzzards by the beak,Â set suitable allowances, curfews, and privileges, andÂ put yourself back in the driverâ™s seat! Questions at the end of each chapter, a discussion guide, and Dr. Lemanâ™s real-life examples give you sure-fire techniques for developing a loving, no-nonsense approach for raising children. With over a million in print, you canâ™t go wrong with this classic and perennial best-seller.Â Insert disc 6 into your PC to access the PDF discussion guide.

## Book Information

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Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (172 customer reviews)

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## Customer Reviews

I'm about two-thirds of the way through this book. I have two little girls - 18 months and 3 1/2 years old. Both girls are wonderful of course but the older one is stubborn, defiant and very strong willed - great traits if directed properly. To be the best possible father I'm able to be I figured I'd best educate myself through an "expert's" insights (if there is such a thing?). So about the book - so far it is recommended. Here are relevant points to consider:1) He speaks generally on topics such as discipline, communication, reward & punishment, etc... then includes specific examples applying his philosophy/technique. The examples are helpful and illuminating.2) Much of what he says is common sense for anyone who has spent the time thinking these topics through to their logical

outcomes, however I find many people don't or aren't able to do so, so for them much of this will seem new and exciting. For me, much of it is simply common sense...but what book on parenting can be written that is not filled common sense?3) Common sense aside, there are definitely nuggets of wisdom, tools and insights to be obtained in this book - for that alone it is worth the purchase. I am putting check marks in the margin next to these nuggets for later compilation into a quick reference chart for efficiency in dealing with the issues as they arise.4) I don't know anything about this author except for what he discloses in the book - apparently he is a psychologist, counselor, author and puts on seminars. He is faith based so there is an underlying religious foundation for his techniques - which don't affect their effectiveness one way or another.

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